



D3football.com 2006 All-East Region Team

Robinson, Haas, Follweiler highlight 2006 D3football.com All-Region team

FOR IMMEDIATE RELEASE

NORWALK, Conn. – Cortland State defensive tackle Adam Haas and Wilkes linebacker Kyle Follweiler were named D3football.com 2006 East Region Defensive Player of the Year and St. John Fisher running back Mark Robinson was named D3football.com 2006 East Region Offensive Player of the Year. Springfield coach Mike DeLong was named East Region Coach of the Year.

The teams, selected in balloting by East Region sports information directors and D3football.com staff, were chosen from 176 nominations by Division III member schools. A total of 75 players were chosen.

Haas, a senior from East Aurora, N.Y., had 15.5 tackles for loss for the 9-2 Red Dragons. He also had 7.5 sacks. Follweiler, a junior from Slatington, Pa., had 13.5 tackles for loss among his 102 tackles (68 solo) as Wilkes reached the second round of the NCAA playoffs.

Robinson, a senior from Bath, N.Y., returned from injury this season and rolled up 1,460 yards on 244 carries, scoring 23 touchdowns. DeLong took the Pride from a fourth-place selection in the Empire 8 preseason coaches' poll to the second round of the NCAA playoffs.

For more information please contact D3football.com publisher Pat Coleman at (703) 868-4364 or by e-mail at pat@d3football.com.

The teams follow:



D3football.com 2006 All-East Region Team

Offensive Player of the Year: Mark Robinson, RB, St. John Fisher

Defensive Players of the Year: Adam Haas, DT, Cortland State and Kyle Follweiler, LB, Wilkes

Coach of the Year: Mike DeLong, Springfield

First Team Offense

QB Chris Sharpe, Jr., Springfield
RB Mark Robinson, Sr., St. John Fisher
RB Tom Arcidiacono, Sr., Union
WR Adam Brossman, Jr., Lebanon Valley
WR Jon Drenckhahn, Sr., Williams
T Brennan Fortune, Jr., St. John Fisher
G Adam Feit, Sr., Springfield
C Chris Kenney, Sr., Williams
G Jordan Purdy, Jr., Wilkes
T Dustin Connolly, Jr., Union
TE Jon Branche, Sr., RPI

K Vin Doffont, Sr., Montclair State
RET Kelly Gordon, Sr., Ithaca

Second Team Offense

QB Jimmy Robertson, So., RPI
RB Matt Bielecki, Jr., Rochester
RB Khalee Prothro, So., Widener
WR Jim Jordan, Sr., Wilkes
WR Jay Jay Vandersteyne, Jr., Rochester
T Mike DePersis, Sr., Hobart
G Nino Giambrone, Sr., Hobart
C Craig Avalone, Sr., Union
G Terrence Bynum, Sr., RPI
T Malcolm Manning, Jr., Kean
TE Chris Harmon, Jr., St. John Fisher

K Steve Hauschka, Sr., Middlebury
RET Adamis Gonzalez, Sr., Western Connecticut
Needham, Mass.
Meriden, Conn.

Third Team Offense

QB Pat Lucey, Jr., Williams
RB Jay Bernardo, Sr., RPI
RB Gennaro Leo, Sr., Trinity (Conn.)
WR Ryan Twichell, Sr., Union
WR Jared Manzer, Fr., Alfred
T Dave Zimmerman, Sr., Lebanon Valley
G Mike Robinson, Jr., Trinity (Conn.)
C Joseph Morency, So., Bridgewater State
G Nick Zappia, Sr., Rochester
T Kevin Harrigan, Sr., Delaware Valley
TE Mike Oertel, Sr., Ithaca

K Matthew Mintz, Jr., Cortland State
RET Adam LoGiudice, Sr., RPI

Derry, N.H.
Bath, N.Y.
Castleton, N.Y.
Lebanon, Pa.
New Canaan, Conn.
Avon, N.Y.
Chicopee, Mass.
Walpole, Mass.
Easton, Pa.
Ballston Lake, N.Y.
Schenectady, N.Y.

North Arlington, N.J.
Ausable Forks, N.Y.

Yonkers, N.Y.
Albany, N.Y.
Sutherland, Va.
Plymouth, Pa.
Victor, N.Y.
Johnson City, N.Y.
Delevan, N.Y.
Webster, N.Y.
Brooklyn, N.Y.
Franklin, N.J.
LeRoy, N.Y.

Plymouth, Mass.
E. Greenbush, N.Y.
Everett, Mass.
Fayetteville, N.Y.
Johnson City, N.Y.
Punxsutawney, Pa.
N. Branford, Conn.
W. Falmouth, Mass.
Canandaigua, N.Y.
Philadelphia, Pa.
Peru, N.Y.

Lawrence, N.Y.
Massapequa, N.Y.

First Team Defense

DE Keith Heimerl, Sr., Rowan
DT Adam Haas, Sr., Cortland State
DT Anthony Serafin, Sr., Wilkes
DE Anthony Silver, Sr., Delaware Valley
LB Kyle Follweiler, Jr., Wilkes
LB Gene Lang, Sr., St. John Fisher
LB Chris Pinto, So., Rowan
CB Mike Ferriero, Sr., Wilkes
S Stef Sair, Sr., Cortland State
S Craig Haywood, Sr., King's
CB Steve Stepnick, Jr., St. John Fisher

P Jesse Harms, Jr., Coast Guard

Second Team Defense

DE Kevin Ryan, Sr., Middlebury
DT James McLaughlin, So., RPI
DT Mike Sirignano, Sr., Bridgewater State
DE Andy Purdie, Sr., Hobart
LB Cornell Hunt, So., Montclair State
LB Matt Montpetit, Sr., Cortland State
LB John Pursell, Jr., Delaware Valley
CB Dawaine Whetstone, Sr., Rowan
S Steve Arguelles, Fr., Coast Guard
S Michael Soules, Sr., Trinity (Conn.)
CB Joe Harasymiak, Jr., Springfield

P Dominick Ancona, Jr., Hobart

Third Team Defense

DE Chris Decembrele, Sr., Tufts
DT Phil Byers, Jr., Ithaca
DT Dylan Walton-Yedlin, Sr., Union
DE Andy Rantz, Sr., Alfred
LB Jason Goeller, Sr., Rochester
LB Sean Crowley, Sr., Curry
LB Matt Boudreau, So., Worcester Polytech
CB Aharon Kiett, Sr., Kean
S Marcus Maroney, Jr., Utica
S Todd Fairlie, Sr., Widener
CB Pat Cronin, Sr., Cortland State

P Jimmy Cunneen, Sr., Cortland State

Sewell, N.J.
East Aurora, N.Y.
Middlesex, N.J.
Warminster, Pa.
Slatington, Pa.
Baldwinsville, N.Y.
Barnegat, N.J.
Kearny, N.J.
Huntington, N.Y.
Chester, Pa.
Cowlesville, N.Y.

St. Petersburg, Fla.

Shelton, Conn.
Foxborough, Mass.
Hanover, Mass.
Farmington, N.Y.
North Brunswick, N.J.
Westhampton, N.Y.
Middletown, Del.
Pleasantville, N.J.
Yuma, Ariz.
Simsbury, Conn.
Waldwick, N.J.

Garden City, N.Y.

Walpole, Mass.
Rochester, N.Y.
Seattle, Wash.
Montandon, Pa.
Pittsburgh, Pa.
Canton, Mass.
Rensselaer, N.Y.
Atlantic City, N.J.
Utica, N.Y.
Broomall, Pa.
Pembroke, Mass.

Hicksville, N.Y.

For more information about Division III football, log onto www.d3football.com.