



D3football.com 2005 All-East Region Team

Arcidiacono, Haas highlight 2005 D3football.com All-Region team

FOR IMMEDIATE RELEASE

STERLING, Va. – Union running back Tom Arcidiacono, who averaged 162.8 yards rushing per game, and Cortland State defensive tackle Adam Haas, who led the Red Dragons in sacks and quarterback hurries, were named the 2005 East Region Offensive and Defensive Player of the Year, with Union coach John Audino named 2005 East Region Coach of the Year in the 2005 D3football.com All-Region team.

The teams, selected in balloting by East Region sports information directors and D3football.com staff, were chosen from 189 nominations by Division III member schools. It is the first time this team has been chosen by D3football.com. A total of 76 players were chosen (there was a tie for a third-team spot).

Haas, a junior from East Aurora, N.Y., recorded 10.5 sacks and 14.5 tackles for loss for the Red Dragons, which reached the NCAA Division III football playoffs. He also was credited with 15 quarterback hurries and forced two fumbles.

Arcidiacono, a junior from Castleton, N.Y., recorded 1,954 yards rushing and 20 touchdowns for the Dutchmen, which finished 11-1 and reached the second round of the playoffs. He averaged 5.6 yards per carry. Audino led the Dutchmen to a perfect 10-0 record in the regular season and the Liberty League title.

For more information please contact D3football.com publisher Pat Coleman at (703) 868-4364 or by e-mail at pat@d3football.com. The D3football.com All-Region national chair is Leonard Reich, Sports Information Director at Capital University. He can be reached at (614) 236-6174, or by e-mail at lreich@capital.edu.

The teams follow:



D3football.com 2005 All-East Region Team

Offensive Player of the Year: Tom Arcidiacono, RB, Union
Defensive Player of the Year: Adam Haas, DT, Cortland State
Coach of the Year: John Audino, Union

First Team Offense

QB Adam Knoblauch, Sr., Delaware Valley
RB Tom Arcidiacono, Jr., Union
RB Jay Bernardo, Jr., RPI
WR Steve Angiletta, Jr., Union
WR Noah Fehrenbach, Sr., St. John Fisher
TE Jon Branche, Jr., RPI
T Jim Masso, Sr., Union
G John Schultz, Sr., St. John Fisher
C Kevin Kelleher, Sr., Curry
G Salvatore DeWalt, Sr., Moravian
T Jason Benguche, Sr., Springfield

K Geoff Troy, Fr., Kings Point
RET Adamis Gonzalez, Jr., Western Conn.

Second Team Offense

QB Josh Felicetti, Sr., Ithaca
RB Don Thibodeau, Sr., Maine Maritime
RB Doug Blakowski, Jr., Hobart
WR Don Marshall, Jr., Delaware Valley
WR Sakeen Wright, Sr., Rowan
TE Roddy Ames, Sr., Colby
T Kevin Harrigan, Jr., Delaware Valley
G Terrence Bynum, Jr., RPI
C Damien Ciecwisz, Sr., Delaware Valley
G Joe Scalice, Sr., Ithaca
T Elliot Silverstein, Sr., Union

K Adam Lanctot, Jr., Brockport State
RET James Reile, So., St. John Fisher

Third Team Offense

QB John Port, Sr., Albright
RB Steve Cook, Sr., Delaware Valley
RB Brenden Kavey, Sr., Bridgewater State
WR Matt Willis, Sr., Hartwick
WR Phil Silva, Sr., Rowan
TE Charley Gryska, So., Mass-Dartmouth
T Mike Loiseau, Sr., Rowan
T Eric Leonard, Sr., Curry
G Brian Dubiel, Sr., Trinity (Conn.)
G Joe Crowe, Sr., Maine Maritime
C Ryan Smith, Jr., Amherst

K Vin Doffont, Jr., Montclair State
RET Brian Wise, Sr., Brockport State
RET Adam LoGiudice, Sr., RPI

Tamaqua, Pa.
Castleton, N.Y.
East Greenbush, N.Y.
Plantsville, N.Y.
Rushville, N.Y.
Schenectady, N.Y.
Ponte Verde Beach, Fla.
North Syracuse, N.Y.
North Attleboro, Mass.
Allentown, Pa.
Housatonic, Mass.

Gainesville, Fla.
Meriden, Conn.

Doylestown, Pa.
Shawmut, Maine
Elma, N.Y.
Bladensburg, Maryland
Glassboro, N.J.
Cotuit, Mass.
Philadelphia, Pa.
Brooklyn, N.Y.
Northampton, Pa.
North Tonawanda, N.Y.
Fort Lauderdale, Fla.

Pittsford, N.Y.
Herkimer, N.Y.

Folcroft, Pa.
Ocean City, N.J.
Pittsfield, Mass.
Groton, N.Y.
Vineland, N.J.
Medfield, Mass.
Blackwood, N.J.
Stoughton, Mass.
Avon, Conn.
Gorham, Maine
Muskego, Wis.

North Arlington, N.J.
Newfane, N.Y.
Massapequa, N.Y.

First Team Defense

DE Randy Tosh, So., Rowan
DT Anthony Serafin, Jr., Wilkes
DT Adam Haas, Jr., Cortland State
DE Michael Blair, Sr., Trinity (Conn.)
LB John Pursell, So., Delaware Valley
LB Kyle Follweiler, So., Wilkes
LB Gene Lang, Jr., St. John Fisher
CB Chris Nappi, Sr., Union
S Todd Fairlie, Sr., Widener
S Andy Howell, Sr., William Paterson
CB Charles Gibbs, Sr., Curry

P Jesse Harms, So., Coast Guard

Second Team Defense

DE Anthony Silver, Jr., Delaware Valley
DT Dylan Walton-Yedlin, Sr., Union
DT Mike Sirignano, Jr., Bridgewater State
DE Shawn Crandall, Sr., St. John Fisher
LB Morgan Burklow, Sr., Montclair State
LB Tony Clemente, Sr., Hobart
LB Grant Cochran, Sr., RPI
CB Aharon Kiett, Jr., Kean
S Stef Sair, Jr., Cortland State
S Ben Leuthold, Sr., Coast Guard
CB Pego Jean-Paul, So., Endicott

P Vinny Cosentino, Fr., Western Conn.

Third Team Defense

DE Rick Eicheldinger, Sr., Hobart
DT Mike Kozak, Sr., Lycoming
DT L.J. Spinnato, Sr., Amherst
DE Shane Rogers, So., Husson
LB Tore Alaimo, Jr., King's
LB Shadee Davis, Jr., William Paterson
LB John Walther, Sr., Brockport State
CB Steve Stepnick, So., St. John Fisher
S Ben Gibboney, Sr., Susquehanna
S Troy Bishop, Sr., Montclair State
CB Derrick Simmons, Jr., Montclair State

P Kyle Piccirilli, So., St. John Fisher

There was a tie for the final return specialist slot.

Columbia, N.J.
Middlesex, N.J.
East Aurora, N.Y.
Plymouth, N.H.
Middletown, Del.
Slatington, Pa.
Baldwinsville, N.Y.
Scotia, N.Y.
Broomall, Pa.
Schuylkill Haven, Pa.
Providence, R.I.

St. Petersburg, Fla.

Warminster, Pa.
Seattle, Wash.
Hanover, Mass.
Pembroke, N.Y.
Pompton Plains, N.J.
Troy, N.Y.
Kent, Wash.
Atlantic City, N.J.
Huntington, N.Y.
Oxford, Ohio
Stamford, Conn.

Bethel, Conn.

Lancaster, N.Y.
Drexel Hill, Pa.
Madison, Conn.
Bridgeport, Conn.
Pittston, Pa.
Somerset, N.J.
Dansville, N.Y.
Cowlesville, N.Y.
Huntingdon, Pa.
Hillside, N.J.
Red Bank, N.J.

Albion, N.Y.

For more information about Division III football, log onto www.d3football.com.